



BREAKFAST



From hearty pies and classic British dishes to flavourful favourites from the grill, **The Cheshire Barn** is home to impeccably cooked food and warm hospitality in relaxed surroundings.

BREAKFAST

Drinks

Green refresher ✓

Kale, coconut, mango, apple, natural yoghurt. 47kcal

Morning zinger ✓

Mango, pineapple, passion fruit, orange. 31kcal

Fruit juices

Orange 47kcal

Apple 47kcal

Red berry 16kcal

Filter coffee & tea

Coffee 0kcal

Tea 0kcal

Morning fizz 5.95

Mimosa

Prosecco & orange juice.

Calorie information provided for filter tea and coffee doesn't include milk, please refer to hot drinks section for calorie information

Bakery

Toast ✓

Butter & preserves.

White bloomer 436kcal

Malted wheat bloomer 446kcal

Croissant ✓

Butter & preserves. 485kcal

Chocolate & fruit pastries ✓

383kcal

Lighter Options

Porridge ✓

Plain 299kcal

add a topping:

Sultanas 148kcal | Almonds 31kcal | Brown sugar 20kcal

Granola ✓

Natural yoghurt, fruit compote, fresh berries. 349kcal

Fresh fruit salad ✓

Natural yoghurt, passion fruit. 89kcal

Modern Classics

Buttermilk pancakes ✓

Mixed berry compote, natural yoghurt, maple flavoured syrup.

470kcal

Smoked salmon & scrambled eggs

Grilled sourdough toast.

556kcal

Avocado & poached eggs ✓

Two poached eggs, grilled sourdough, pumpkin seeds, roasted tomato chutney.

924kcal

Full & Hearty

Full English breakfast

Bacon, Cumberland sausage, roasted tomato, hash browns, black pudding, mushrooms, baked beans, fried bread.

served with:

fried egg 1,675kcal,

scrambled egg 1,177kcal

or poached egg 1,472kcal

Vegetarian breakfast ✓

Vegetarian sausages, roasted tomato, sautéed spinach, baked beans, hash browns, mushrooms.

served with:

fried egg 1,212kcal

scrambled egg 1,226kcal,

poached egg 1,047kcal

Vegan option available ✓ 970kcal

Speciality Hot Drinks from 2.85

Speciality hot drinks will be added to your room account

Smith's of London Hand-crafted. Artisan roast. Master blenders. Speciality coffees & teas... since 1936.

Americano

Regular 1kcal | Large 1kcal

Latte*

Regular 116kcal | Large 106kcal

Macchiato*

Regular 12kcal

Cappuccino*

Regular 92kcal | Large 87kcal

Espresso

Regular 1kcal | Large 1kcal

Speciality tea

scan our QR code to see the calorie info of tea range.

Hot chocolate

Regular 156kcal | Large 208kcal

Not part of Smith's of London range.

Jug of Semi skimmed milk 120kcal

We also offer milk alternatives at no extra cost. Almond 31kcal | Coconut 79kcal | Soya 79kcal | Oat 110kcal



*Calorie information includes semi skimmed milk
Adults need around 2,000kcal a day

V Suitable for vegetarians **Ve Suitable for vegans**

Adults need around 2,000kcal a day

For more information about the presence of allergens in all our food or drink, please ask a member of our team every time before ordering even if you have dined with us before as our food or drink ingredients and specifications can change. Full allergen information on the ingredients in the food or drink we serve is available via QR code on menu. Packaged products (i.e. sauce sachets and bottles, juices, water) are not covered in this allergen guide, allergen information for these products is printed on the packaging. We take great care to prevent cross-contamination when preparing your food and drink, however, please be aware that all our dishes are prepared in kitchens and bars where all known allergens are present and there is also risk of allergen cross contamination through shared cooking equipment e.g. fryers. Therefore, we cannot guarantee that any food item is completely free from allergens. If you would like further information on our cooking methods, please ask. As we use other foods containing gluten in our kitchens and bars we cannot declare or guarantee that any of our dishes are gluten free. Our menu descriptions do not list all ingredients, please advise the team of any dietary requirements when ordering. Our staff cannot offer specific advice or recommendations beyond our published allergen communications. CB_BREAKFAST_2023

FOOD ALLERGY OR INTOLERANCE?

If you have a food allergy or intolerance, or just want more detail about the ingredients in our food and drinks including calories – please let our team know or scan the QR code to find out more.

