



Market Kitchen Menu



Food allergy or intolerance?

We take great care to prevent cross-contamination when preparing your food, however, please be aware that all our dishes are prepared in kitchens where all known allergens are present and there is also risk of allergen cross contamination through shared cooking equipment e.g. fryers. As we use other foods containing gluten in our kitchens we cannot declare or guarantee that any of our dishes are gluten free. Our menu descriptions do not list all ingredients, please advise the team of any dietary requirements when ordering. If you have a food allergy or intolerance, or just want more detail about the ingredients in our food and drinks including calories – please let our team know or scan the QR code to find out more. MK EVENING ASIA DELI 2024

Adults need around 2,000kcal per day

STARTERS

Avocado pâté v Ve

Peas, red vein sorrel, pickled apple salad, sourdough toast.
327kcal

Broccoli & thyme soup v

Blue cheese, pumpkin seeds, warm onion loaf.
394kcal

Cider & white onion soup v

Apple dice & warm onion loaf.
385kcal

Mature Cheddar & chive soufflé v

White wine & cheese sauce, confit tomatoes.
579kcal

Pulled tamarind lamb flat bread

Mango salsa, yoghurt, mint, coriander, red cabbage.
245kcal

Prawn cocktail vol au vent

Dill & watercress.
626kcal

THE DELI

Step up to the deli buffet for a vibrant haven of delights. Explore an array of colourful salads, cold meats & fish, freshly baked breads & freshly prepared quiches, crafted with care.

MAINS

ROAST

Honey & mustard roasted pork loin

860kcal

Roast topside of beef

673kcal

Yorkshire pudding v 86kcal, horseradish sauce v 88kcal, Bramley apple sauce 55kcal

Help yourself to today's selection of vegetables and potatoes.



CATCH OF THE DAY

Buttered potatoes, seasonal vegetables and white wine cream sauce.

Please ask your server for further details.



TASTES OF ASIA

Katsu chicken

396kcal

Boiled rice v Ve

180kcal

Tamarind sweet & sour pork

341kcal

Nasi Goreng rice

171kcal

Thai green king prawn & vegetable curry

92kcal

Garlic noodles v Ve

495kcal

Burmese style butternut squash, lime leaf & lemongrass curry v Ve

147kcal

Prawn crackers

216kcal

Scan our QR code to see the calorie information of our accompaniments.