



FOOD ALLERGY
OR INTOLERANCE?



If you have a food allergy or intolerance, or just want more detail about the ingredients in our food and drinks – including calories – please let our team know or scan the QR code to find out more.

EVENING

MARKET KITCHEN

welcome to a world of taste

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Global influences and carefully selected ingredients are brought together to create classic dishes with a modern twist served by our passionate chefs.

Relax... we'll bring it straight to your table

TO START

Chef's soup of the day ✓

warm sourdough, butter.

scan our QR code to see the calorie information of our soups

Garlic fried mushrooms ✓

puff pastry, thyme,
guacamole & basil pesto.

725kcal

Chicken liver & brandy parfait

Fig chutney, crushed roasted
hazelnuts, toasted brioche.

475kcal

Warm red & yellow pepper tarte tatin ✓

red onion chutney, basil dressing,
crumbled goats cheese. *386kcal*

vegan option available vs 328kcal

Smoked salmon & prawn rilette

Fresh dill, lemon, toasted tomato bread.

272kcal

DAILY SPECIALS

Japanese-style smoked mackerel rice salad bowl

teriyaki sauce, lemon,
spring onion. *324kcal*

Goats cheese & onion chutney bruschetta ✓

grilled sourdough, grapes
roasted in honey. *349kcal*

Deli board

cured meats, mini pork pie, Red Leicester cheese, golden beetroot piccalilli, pea shoots,
roquette, red chard, cherry tomato salad, served with rustic bread and butter.

1,063kcal

Adults need around 2,000kcal a day


M A I N S



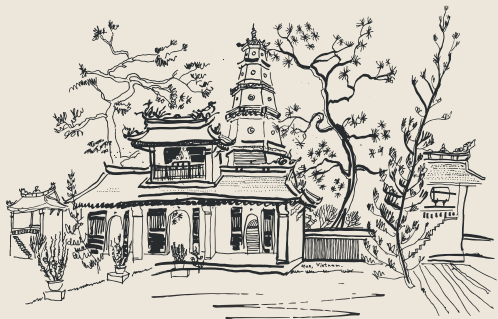
Taste of **ASIA**

Katsu crispy chicken
boiled rice, curry sauce,
crunchy slaw, fresh lime
1,724kcal

Tamarind sweet & sour pork
Nasi Goreng rice,
prawn crackers.
770kcal

**Burmese style lime leaf
& lemongrass curry** 
boiled rice.
496kcal

**Thai green king prawn
& vegetable curry**
Nasi Goreng rice.
473kcal



Dishes inspired from around the world

R O A S T

Today's choice

Treacle glazed gammon
499kcal
roasted pineapple *25kcal*

served with a selection of vegetables and potatoes
scan our QR code to see the calorie information of our accompaniments



— **F R E S H F I S H** —

may contain bones

Mackerel fillet
326kcal

**Scottish Loch
reared trout**
251kcal

Hake supreme
239kcal

add a sauce of your choice

White wine creamy sauce *193kcal*
Chargrilled tomato chutney *34kcal*

served with a selection of vegetables and potatoes
scan our QR code to see the calorie information of our accompaniments

DAILY SPECIALS

Mushroom bourguignon 
thyme mash, crusty bread. *676kcal*

Chip shop platter
beer battered fish & sausage, chunky chips,
minted mushy peas, tartare sauce.
1,438kcal

Adults need around 2,000kcal a day

P U D D I N G S H O P

A selection of hot and cold desserts

Chocolate, rum & raisin cheesecake ✓
chocolate-flavoured sauce,
fresh raspberries. *490kcal*

Orange, honey & vanilla flavour pudding ✓
with custard. *468kcal*

Warm Bramley apple & raspberry tart ✓
crunchy crumble, vanilla
flavour custard. *351kcal*

Mango & coconut mousse ✓
fresh berries, toasted coconut,
lime syrup. *368kcal*

Chef's cheese board ✓
selection of cheeses, biscuits, grapes, shaved
celery, fig & honey chutney, apple. *733kcal*

Melon & berry fruit salad ✓
lime, mint, vanilla ice cream. *144kcal*
vegan option available ✓ *186kcal*

Why not try a dessert wine?

Sauternes Garonnelles *France*
Sauternes is a traditional sweet dessert wine from Bordeaux

125ml  7.00 Half Bottle  20.00

CHEF'S SPECIALS

Rice pudding ✓
clotted cream & fruit compote. *484kcal*

Vanilla cheesecake ✓
cherry compote, chocolate pieces. *584kcal*

ICE CREAM ✓

served with Sablé biscuit

Blackberry & clotted cream *340kcal*

Chocolate *349kcal*

Strawberry *319kcal*

Vanilla *281kcal*

Salted caramel *307kcal*

PLANT BASED

ICE CREAM ✓

Salted caramel *240kcal*

Vanilla *237kcal*

SORBETS ✓

Lemon *116kcal*

Mango *134kcal*

Adults need around 2,000kcal a day

✓ Suitable for vegetarians ✓ Suitable for vegans

For more information about the presence of allergens in all our dishes and menus, please ask a member of our team every time before ordering even if you have dined with us before as our food ingredients and specifications can change. Full allergen information on the ingredients in the food we serve is available via QR code on menu. Packaged products (i.e. sauce sachets and bottles, juices, water) are not covered in this allergen guide, allergen information for these products is printed on the packaging. We take great care to prevent cross-contamination when preparing your food, however, please be aware that all our dishes are prepared in kitchens where all known allergens are present and there is also risk of allergen cross contamination through shared cooking equipment e.g. fryers. Therefore, we cannot guarantee that any food item is completely free from allergens. If you would like further information on our cooking methods, please ask. As we use other foods containing gluten in our kitchens we cannot declare or guarantee that any of our dishes are gluten free. Our menu descriptions do not list all ingredients, please advise the team of any dietary requirements when ordering. Our staff cannot offer specific advice or recommendations beyond our published allergen communications. MK.LITTLECOTE_EVENING_ASIA.UPDATE_2023

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